La Cantera

Choreo: Montse Moscardó, Pol F. Ryan
Algaly Fofana & David Villellas
Music: I Know I Know - STELLA LEFTY
Level: Internediat Phrased

Parts: Intro/Tag – 32 counts A – 48 counts | B – 32 counts
Sequence: Intro – A – B – Tag – A – B – Tag – B – B – B – Tag – Ending

INTRO/TAG – 32 Counts

[1–8]: Right Weave, Right Scissor Step, Hold

1–4	Step RF to R (1), cross LF behind RF (2), step RF to R (3), cross LF over RF (4)
5–8	Step RF to R (5), step LF beside RF (6), cross RF over LF (7), hold (8)

[9–16]: Left Rumba Box, ½ Turn Left

1–4	Step LF to L (1), step RF beside LF (2), step LF forward (3), stomp-up RF beside LF (4)
5–8	Step RF to R (5), step LF beside RF (6), step RF back (7), make ½ turn L stepping LF forward (8) 6:00

[17–32]: Repeat Counts 1–16

Repeat the weave, scissor step and rumba-box sequence, finishing with another ½ turn L to face 12:00.

PART A – 48 Counts

[1–8]: Kick, Brush, Stomps, Heel Fan R

1–2	Kick RF forward (1), brush RF back (2)
3–4	Brush RF forward (3), stomp RF forward (4)
5–6	Stomp LF beside RF (5), hold (6)
7--8	Fan R heel outward (7), return R heel to center (8)

[9–16]: Heel Fan L, Right Weave, ¼ Turn Forward Rock

1–4	Fan L heel outward (1), return L heel to center (2) Step RF to R (3), cross LF behind RF (4)
5–8	Step RF to R (5), turn ¼ to R step L forward (6) rock RF forward (7), recover LF (8) 3:00

[17–24]: Back Rock, Forward Rock, ¾ Turn Right, Stompx2

1–4	Rock RF back (1), recover LF (2), rock RF forward (3), recover onto LF (4)
5–6	Make ¾ turn R stepping RF forward, hold 12:00 (5), take a large step LF to L (6)
7–8	Stomp LF beside RF x2, stomp-up RF beside LF (8)

[25–32]: Slide, Behind Rock, Right Weave

1–2	Take a large step LF to L (1), drag RF toward LF (2) 12:00
3–4	Rock RF behind LF (3), recover onto LF (4)
5–8	Step RF to R (5), cross LF behind RF (6), step RF to R (7), cross LF over RF (8)

[33–40]: Sweeps, Rocking Chair

1–4	Sweep R back to front (1) step R forward (2) sweep L back to front (3) step L forward (4)

5–8	Rock RF forward (5), recover LF (6), rock RF back (7), recover LF (8)

[41–48]: Two ½ Pivot Turns, Stomp, Hitch with Slap, Jumping Rock

1–2	Step RF forward (1), pivot ½ turn L (2) 6:00
3–4	Step RF forward (3), pivot ½ turn L (4) 12:00
5–6	Stomp RF forward (5) hitch R knee with slap (6) 12:00
7–8	Jump back onto RF while kicking LF forward (7), recover onto LF (8) 12:00

PART B – 32 Counts

[1–8]: Jumping Kicks, Out-In-Out Turning ½ Right

1	Jump onto LF while kicking RF forward
2	Jump onto RF while flicking LF back
3–4	Kick LF forward (3), step LF beside RF (4)
5	Hop both feet out
6	Turn ½ R, hopping both feet in
7	Hop both feet out
8	Hop both feet in

[9–16]: Repeat Counts 1–8

Repeat the jumping sequence to finish facing 12:00.

[17–24]: Heel Switches and Cross Touches

1,2	Kick RF forward. While hopping RF to L, kick LF forward
3,4	Hop LF to R while touching R toe crossed behind LF (3), hold (4)
3,4	Kick LF forward. While hopping LF to R, kick RF forward
7,8	Hop RF to L while touching L toe crossed behind RF (7), hold (8)

[25–32]: Jumping Rocks and Stomps

1–2	Jump back onto LF while kicking RF forward (1), recover onto RF (2)
3–4	Jump back onto LF while kicking RF forward (3), Jump back onto RF while kicking LF forward (4)
5–6	Recover onto LF (5), Stomp RF beside LF (6)
7–8	Stomp LF beside RF (7), hold (8)

ENDING – 23 Counts

[1–8]: Right Weave, Right Scissor Step, Hold

1–4	Step RF to R (1), cross LF behind RF (2), step RF to R (3), cross LF over RF (4)
5–8	Step RF to R (5), step LF beside RF (6), cross RF over LF (7), hold (8)

[9–16]: Left Rumba Box, ½ Turn Left

1–4	Step LF to L (1), step RF beside LF (2), step LF forward (3), sweep RF beside LF (4)

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